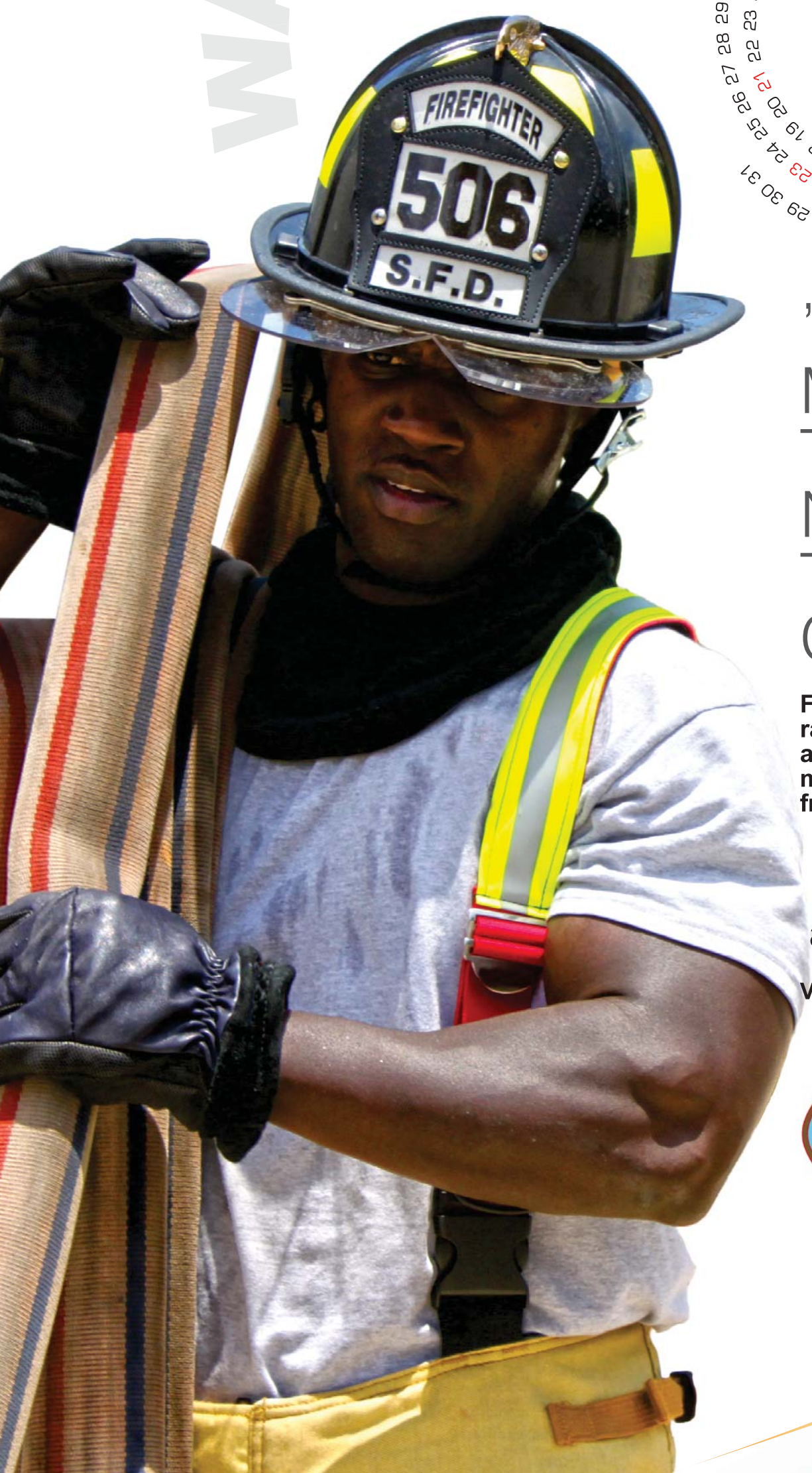


# WASH-YOUR-HOOD-SUNDAY

Circle each Sunday you washed your fire department's hoods! And if you skipped...there's always the next day!



'CAUSE NO  
MATTER HOW  
TOUGH YOU ARE,  
NOBODY IS  
TOUGHER THAN  
CARCINOGENS

Firefighters get cancer at statistically higher rates than the general American population, according to multiple studies. You can take many immediate actions to protect yourself from carcinogen exposure. One is washing your PPE.

Make EVERY Sunday  
a **Wash-Your-Hood-Sunday!**

Visit [WWW.FIREFIGHTERCANCERSUPPORT.ORG](http://WWW.FIREFIGHTERCANCERSUPPORT.ORG)  
for more information and other tips!



**Honeywell**

First Responder Products



FCSN thanks Capt. Rick Triplett of the Montgomery County (Maryland) Department of Fire and Rescue Service for suggesting the Wash-Your-Hood-Sunday concept. Please share your cancer prevention tactics and practices with FCSN at [tips@fcsn.net](mailto:tips@fcsn.net).